

College/Santa Ynez School

January 2022

3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
Cereal Cheese Quesadilla w/ Strawberry Smoothie	Yogurt w/ Housemade Granola Beefy Marinara w/ Breadstick	Whole Grain Cinnamon Roll Chicken Nuggets w/ Mini Pretzels	Bagel w/ Cream Cheese Turkey Sandwich w/ Fruit Snacks	Whole Grain Chocolate Chip Muffin Pepperoni Pizza
10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
Cereal Beef Taco	Yogurt w/ Housemade Granola Cheeseburger w/ German Potato Salad	Whole Grain Cinnamon Roll Bean & Cheese Nachos w/ Tortilla chips	Bagel w/ Cream Cheese Spaghetti w/ Breadstick	Whole Grain Chocolate Chip Muffin Pepperoni Pizza
17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
No School	Yogurt w/ Housemade Granola Chicken Corn Dog w/ Ranch Beans	Whole Grain Cinnamon Roll Hot Meatball Sub w/ WG Chocolate Graham Cracker	Bagel w/ Cream Cheese Chicken Noodle Soup w Cheesy Bread	Whole Grain Chocolate Chip Muffin Pepperoni Pizza
24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
Cereal Orange Chicken w/ Rice	Yogurt w/ Housemade Granola Taco Salad w/ Tortilla Chips	Whole Grain Cinnamon Roll Chicken Nuggets w/ Waffles	Bagel w/ Cream Cheese Beef Chili w/ Cornbread	Whole Grain Chocolate Chip Muffin Pepperoni Pizza
31-Jan	1-Feb	2-Feb	3-Feb	4-Feb
Cereal Teriyaki Chicken w/ Rice	Yogurt w/ Housemade Granola Cheeseburger w/ Baked Potato Chips	Whole Grain Cinnamon Roll Bean & Cheese Burrito	Bagel w/ Cream Cheese Chicken Pozole w/ Tortilla Chips	Whole Grain Chocolate Chip Muffin Pepperoni Pizza